



**Curriculum Vitae
SARAH PARKS**



Mercia Case Management

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Area of Work:

West Midlands, Worcestershire, Shropshire, Herefordshire, Gloucestershire, Bristol, Oxfordshire

KEY SKILLS

- Working with children & adults with complex neurological needs
 - Highly experienced with complex trauma injuries, including amputees
 - Client centred & compassionate
 - Team working & problem solving
 - Experienced and confident with the medico-legal process
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INTERESTS

I am currently studying to be a Health & Wellness Coach and am passionate about supporting people to live a healthier lifestyle. I enjoy Zumba and energetic walks with my dog. I love to read and undertake upcycling projects around my home.

PROFESSIONAL QUALIFICATIONS

1992 to 1995

Oxford Brookes University Oxford - BSc Occupational Therapy (2:1)

EMPLOYMENT HISTORY

- 2013 to date **Case Manager**
Mercia Case Management
In my current role as case manager I carry a mixed caseload of adults and children with acquired brain injuries and complex orthopaedic injuries. My role includes:
- Carrying out assessments of need and formulating detailed case management reports
 - Implementing recommendations and co-ordinating rehabilitation programmes
 - Advocating for client's rehabilitation and social care needs
- 2014 to date **Independent Occupational Therapist**
I work as an independent occupational therapist providing assessment and treatment programmes for individuals with neurological conditions and complex trauma injuries.
- 2010 to 2013 **Clinical Specialist Occupational Therapist**
University Hospital Birmingham NHS Trust
In my role as a Clinical Specialist Occupational Therapist I was responsible for providing an enhanced service to military patients injured in overseas operations and civilian patients with major trauma injuries including amputations, head injuries and complex orthopaedic injuries.
- 2007 to 2010 **Client Liaison Manager**
Irwin Mitchell Solicitors, Birmingham
The role of Client Liaison Manager was a unique service to Irwin Mitchell Solicitors providing a preliminary case management service to clients who had sustained catastrophic injuries.
- 2004 to 2007 **Brain Injury Case Manager**
Rehab UK, Birmingham
In my role as Brain Injury Case Manager I managed a caseload of adults and children with acquired brain injuries. I was responsible for writing detailed assessment reports, co-ordinating care and providing advice and support to clients and their families.
- 1997 to 2004 **Senior II - Senior I Occupational Therapist**
University Hospital Birmingham NHS Trust
I held a senior rotational post in the clinical areas of general medicine, rehabilitation, neurology, neuro-surgery, renals, elderly care and stroke. I went on to secure a senior I position in acute stroke care.
- 1995 to 1997 **Basic Grade Occupational Therapist**
Good Hope Hospital, Sutton Coldfield
I held a junior rotational post in the areas of trauma & orthopaedics, general surgery, paediatrics and stroke rehabilitation.

PROFESSIONAL MEMBERSHIPS

- Health & Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- UK Health Coach Association (UKHCA)